FIKTA Hiroshi Shirai Karate Do asd Coppa Lombardia 2026 domenica 19 aprile ore 09:00

tatami 1	tatami 2	tatami 3	tatami 4
09:00	09:00 **SQ M Kata Sq Open** 11 atleti poule 1	09:00 **SQ F Kata Sq Open** 5 atleti poule 1	09:00
09:05	09:05	09:05	09:05
09:10	09:10	09:10	09:10
09:15 **JUN F Kata ind Open** 15 atleti poule 1	09:15	09:15 **CAD F Kata ind Open** 17 atleti poule 1	09:15 **SEN F Kata ind Open** 8 atleti poule 1
09:20	09:20	09:20	09:20
09:25	09:25	09:25	09:25
09:30	09:30	09:30	09:30
09:35	09:35	09:35	09:35 **CAD M Kata ind Open** 41 atleti poule 1
09:40	09:40	09:40	09:40
09:45	09:45 **JUN M Kata ind Open** 25 atleti poule 1	09:45	09:45
09:50	09:50	09:50	09:50
09:55	09:55	09:55	09:55
10:00	10:00	10:00	10:00
10:05 **SPE M Kata ind Open** 29 atleti poule 1	10:05	10:05	10:05
10:10	10:10	10:10 **SEN M Kata ind Open** 13 atleti poule 1	10:10
10:15	10:15	10:15	10:15
10:20	10:20	10:20	10:20
10:25	10:25	10:25	10:25
10:30	10:30	10:30	10:30
10:35	10:35	10:35	10:35
10:40	10:40	10:40	10:40
10:45	10:45	10:45	10:45
10:50	10:50	10:50	10:50
10:55	10:55 **Jun M Fukugo Open** 12 atleti poule 1	10:55 **SPE F Kata ind Open** 12 atleti poule 1	10:55
11:00	11:00	11:00	11:00
11:05	11:05	11:05	11:05
11:10	11:10	11:10	11:10
11:15	11:15	11:15	11:15
11:20	11:20	11:20	11:20 **Jun F Fukugo Open** 5 atleti poule 1
11:25	11:25	11:25	11:25
11:30	11:30	11:30	11:30
11:35	11:35	11:35	11:35
11:40	11:40	11:40	11:40
11:45	11:45	11:45	11:45
11:50 **Finale Kata Ind. Cad F**	11:50 **Finale Kata Ind. Cad M**	11:50 **Finale Kata Ind. Spe F**	11:50 **Finale Kata Ind. Spe M**
11:55	11:55	11:55	11:55
12:00 **Finale Kata Ind. Jun F**	12:00 **Finale Kata Ind. Sen F da 2° dan**	12:00 **Finale Kata Ind. Sen M da 2° dan**	12:00 **Finale Kata Ind. Jun M**
12:05	12:05	12:05	12:05
12:10 **Finale Kata Ind. Sen F 1° Kyu 1° dan**	12:10 **Finale Fukugo M**	12:10 **Finale Fukugo F**	12:10 **Finale Kata Ind. Sen M 1° Kyu 1° dan**
12:15	12:15	12:15	12:15
12:20	12:20 **Finale Kata Squadre F**	12:20 **Finale Kata Squadre M**	12:20
12:25	12:25	12:25	12:25
12:30	12:30	12:30	12:30
12:35	12:35	12:35	12:35
12:40	12:40	12:40	12:40
12:45	12:45	12:45	12:45
12:50	12:50	12:50	12:50
12:55	12:55	12:55	12:55
13:00	13:00	13:00	13:00
13:05	13:05	13:05	13:05
13:10 **Kumite ind. Seniores F**	13:10	13:10	13:10 **JUN F Kumite ind Open** 17 atleti poule 1
13:15	13:15	13:15	13:15
13:20	13:20 **Kumite ind. Seniores M**	13:20 **JUN M Kumite ind Open** 29 atleti poule 1	13:20
13:25	13:25	13:25	13:25
13:30	13:30	13:30	13:30
13:35	13:35	13:35	13:35
13:40	13:40	13:40	13:40
13:45	13:45	13:45	13:45
13:50	13:50	13:50	13:50
13:55 **CAD M Kumite ind Open** 37 atleti poule 1	13:55	13:55	13:55
14:00	14:00	14:00	14:00
14:05	14:05	14:05	14:05
14:10	14:10	14:10	14:10
14:15	14:15	14:15	14:15
14:20	14:20	14:20	14:20
14:25	14:25	14:25	14:25
14:30	14:30	14:30	14:30 **Kumite ind. Speranze M**
14:35	14:35	14:35	14:35
14:40	14:40	14:40	14:40
14:45	14:45	14:45	14:45
14:50	14:50	14:50	14:50
14:55	14:55	14:55	14:55
15:00	15:00	15:00	15:00
15:05	15:05	15:05	15:05
15:10	15:10	15:10	15:10
15:15	15:15	15:15	15:15
15:20	15:20	15:20	15:20
15:25	15:25 **Kumite Squadre**	15:25 **Kumite Squadre**	15:25
15:30	15:30	15:30	15:30
15:35	15:35	15:35	15:35
15:40	15:40	15:40	15:40
15:45	15:45	15:45	15:45
15:50	15:50	15:50	15:50
15:55	15:55	15:55	15:55
16:00	16:00	16:00	16:00
16:05	16:05	16:05	16:05
16:10	16:10	16:10	16:10
16:15	16:15	16:15	16:15
16:20	16:20	16:20	16:20
16:25 **CAD F Kumite ind Open** 12 atleti poule 1	16:25	16:25	16:25 **Kumite ind. Speranze F**
16:30	16:30	16:30	16:30
16:35	16:35	16:35	16:35
16:40	16:40	16:40	16:40
16:45	16:45	16:45	16:45
16:50	16:50	16:50	16:50
16:55	16:55	16:55	16:55
17:00	17:00	17:00	17:00
17:05	17:05	17:05	17:05
17:10	17:10	17:10	17:10
17:15	17:15	17:15	17:15
17:20 **Finale Kumite Speranze M**	17:20 **Finale Kumite Cadetti M**	17:20 **Finale Kumite Cadetti F**	17:20 **Finale Kumite Speranze F**
17:25 **Finale Kumite Juniores M**	17:25 **Finale Kumite Seniores F**	17:25 **Finale Kumite Juniores F**	17:25 **Finale Kumite Seniores M**
17:30	17:30 **Finale Kumite Squadre**	17:30	17:30
17:35	17:35	17:35	17:35
17:40	17:40	17:40	17:40
17:45	17:45	17:45	17:45