# FIKTA Hiroshi Shirai Karate Do asd Trofeo delle Regioni 2025 Marzo 2025 domenica 30 marzo ore 10:15

| tatami 1 | tatami 2 | tatami 3 | tatami 4 | tatami 5 | tatami 6 |
|---|---|---|---|---|---|
| 10:15 | 10:15 **Ska F Kata Sq Open** 8 atleti poule 1 | 10:15 | 10:15 **Ska M Kata Sq Open** 8 atleti poule 1 | 10:15 | 10:15 |
| 10:20 | 10:20 | 10:20 | 10:20 | 10:20 | 10:20 |
| 10:25 | 10:25 | 10:25 | 10:25 | 10:25 | 10:25 |
| 10:30 | 10:30 | 10:30 | 10:30 | 10:30 | 10:30 |
| 10:35 **CAD F Kata ind -55 kg** 14 atleti poule 1 | 10:35 **JUN F Kata ind +55 kg** 14 atleti poule 1 | 10:35 **JUN M Kata ind -70 kg** 24 atleti poule 1 | 10:35 **CAD M Kata ind +65 kg** 13 atleti poule 1 | 10:35 **CAD F Kata ind +55 kg** 12 atleti poule 1 | 10:35 **CAD M Kata ind -65 kg** 21 atleti poule 1 |
| 10:40 | 10:40 | 10:40 | 10:40 | 10:40 | 10:40 |
| 10:45 | 10:45 | 10:45 | 10:45 | 10:45 | 10:45 |
| 10:50 | 10:50 | 10:50 | 10:50 | 10:50 | 10:50 |
| 10:55 | 10:55 | 10:55 | 10:55 | 10:55 | 10:55 |
| 11:00 | 11:00 | 11:00 | 11:00 | 11:00 | 11:00 |
| 11:05 | 11:05 | 11:05 | 11:05 | 11:05 | 11:05 |
| 11:10 | 11:10 | 11:10 | 11:10 | 11:10 | 11:10 |
| 11:15 | 11:15 | 11:15 | 11:15 | 11:15 | 11:15 |
| 11:20 | 11:20 | 11:20 | 11:20 **SPE F Kata ind +55 kg** 16 atleti poule 1 | 11:20 **SPE M Kata ind -65 kg** 22 atleti poule 1 | 11:20 |
| 11:25 **SPE F Kata ind -55 kg** 16 atleti poule 1 | 11:25 **SPE M Kata ind +65 kg** 16 atleti poule 1 | 11:25 | 11:25 | 11:25 | 11:25 |
| 11:30 | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 |
| 11:35 | 11:35 | 11:35 | 11:35 | 11:35 | 11:35 |
| 11:40 | 11:40 | 11:40 | 11:40 | 11:40 | 11:40 **JUN M Kata ind +70 kg** 13 atleti poule 1 |
| 11:45 | 11:45 | 11:45 **JUN F Kata ind -55 kg** 13 atleti poule 1 | 11:45 | 11:45 | 11:45 |
| 11:50 | 11:50 | 11:50 | 11:50 | 11:50 | 11:50 |
| 11:55 | 11:55 | 11:55 | 11:55 | 11:55 | 11:55 |
| 12:00 | 12:00 | 12:00 | 12:00 | 12:00 | 12:00 |
| 12:05 | 12:05 | 12:05 | 12:05 | 12:05 | 12:05 |
| 12:10 | 12:10 | 12:10 | 12:10 | 12:10 | 12:10 |
| 12:15 | 12:15 | 12:15 | 12:15 | 12:15 | 12:15 |
| 12:20 | 12:20 | 12:20 | 12:20 | 12:20 | 12:20 |
| 12:25 | 12:25 | 12:25 | 12:25 | 12:25 | 12:25 |
| 12:30 | 12:30 | 12:30 | 12:30 | 12:30 | 12:30 |
| 12:35 | 12:35 | 12:35 | 12:35 | 12:35 | 12:35 |
| 12:40 | 12:40 | 12:40 | 12:40 | 12:40 | 12:40 |
| 12:45 | 12:45 | 12:45 | 12:45 | 12:45 | 12:45 |
| 12:50 | 12:50 | 12:50 | 12:50 | 12:50 | 12:50 |
| 12:55 | 12:55 | 12:55 | 12:55 | 12:55 | 12:55 |
| 13:00 | 13:00 | 13:00 | 13:00 | 13:00 | 13:00 |
| 13:05 | 13:05 | 13:05 | 13:05 | 13:05 | 13:05 |
| 13:10 | 13:10 | 13:10 | 13:10 | 13:10 | 13:10 |
| 13:15 **SPE F Kumite ind -55 kg** 10 atleti poule 1 | 13:15 **JUN M Kumite ind -70 kg** 25 atleti poule 1 | 13:15 **JUN F Kumite ind -55 kg** 11 atleti poule 1 | 13:15 **SPE F Kumite ind +55 kg** 16 atleti poule 1 | 13:15 **SPE M Kumite ind -65 kg** 24 atleti poule 1 | 13:15 **SPE M Kumite ind +65 kg** 16 atleti poule 1 |
| 13:20 | 13:20 | 13:20 | 13:20 | 13:20 | 13:20 |
| 13:25 | 13:25 | 13:25 | 13:25 | 13:25 | 13:25 |
| 13:30 | 13:30 | 13:30 | 13:30 | 13:30 | 13:30 |
| 13:35 | 13:35 | 13:35 | 13:35 | 13:35 | 13:35 |
| 13:40 | 13:40 | 13:40 | 13:40 | 13:40 | 13:40 |
| 13:45 | 13:45 | 13:45 | 13:45 | 13:45 | 13:45 |
| 13:50 | 13:50 | 13:50 | 13:50 | 13:50 | 13:50 |
| 13:55 | 13:55 | 13:55 | 13:55 | 13:55 | 13:55 |
| 14:00 | 14:00 | 14:00 | 14:00 | 14:00 | 14:00 |
| 14:05 | 14:05 | 14:05 | 14:05 | 14:05 | 14:05 |
| 14:10 **JUN M Kumite ind +70 kg** 13 atleti poule 1 | 14:10 | 14:10 **JUN F Kumite ind +55 kg** 13 atleti poule 1 | 14:10 | 14:10 | 14:10 |
| 14:15 | 14:15 | 14:15 | 14:15 | 14:15 | 14:15 |
| 14:20 | 14:20 | 14:20 | 14:20 | 14:20 | 14:20 |
| 14:25 | 14:25 | 14:25 | 14:25 **CAD M Kumite ind +65 kg** 19 atleti poule 1 | 14:25 | 14:25 **CAD M Kumite ind -65 kg** 24 atleti poule 1 |
| 14:30 | 14:30 | 14:30 | 14:30 | 14:30 | 14:30 |
| 14:35 | 14:35 | 14:35 | 14:35 | 14:35 | 14:35 |
| 14:40 | 14:40 | 14:40 | 14:40 | 14:40 | 14:40 |
| 14:45 | 14:45 | 14:45 | 14:45 | 14:45 | 14:45 |
| 14:50 | 14:50 | 14:50 | 14:50 | 14:50 | 14:50 |
| 14:55 | 14:55 | 14:55 | 14:55 | 14:55 | 14:55 |
| 15:00 | 15:00 | 15:00 | 15:00 | 15:00 **CAD F Kumite ind -55 kg** 14 atleti poule 1 | 15:00 |
| 15:05 **CAD F Kumite ind +55 kg** 9 atleti poule 1 | 15:05 **Sku M Kumite Sq Open** 8 squadre *95 minuti* | 15:05 **Sku F Kumite Sq Open** 8 squadre *95 minuti* | 15:05 | 15:05 | 15:05 |
| 15:10 | 15:10 | 15:10 | 15:10 | 15:10 | 15:10 |
| 15:15 | 15:15 | 15:15 | 15:15 | 15:15 | 15:15 |
| 15:20 | 15:20 | 15:20 | 15:20 | 15:20 | 15:20 |
| 15:25 | 15:25 | 15:25 | 15:25 | 15:25 | 15:25 |
| 15:30 | 15:30 | 15:30 | 15:30 | 15:30 | 15:30 |
| 15:35 | 15:35 | 15:35 | 15:35 | 15:35 | 15:35 |
| 15:40 | 15:40 | 15:40 | 15:40 | 15:40 | 15:40 |
| 15:45 | 15:45 | 15:45 | 15:45 | 15:45 | 15:45 |
| 15:50 | 15:50 | 15:50 | 15:50 | 15:50 | 15:50 |
| 15:55 | 15:55 | 15:55 | 15:55 | 15:55 | 15:55 |
| 16:00 | 16:00 | 16:00 | 16:00 | 16:00 | 16:00 |
| 16:05 | 16:05 | 16:05 | 16:05 | 16:05 | 16:05 |
| 16:10 | 16:10 | 16:10 | 16:10 | 16:10 | 16:10 |
| 16:15 | 16:15 | 16:15 | 16:15 | 16:15 | 16:15 |
| 16:20 | 16:20 | 16:20 | 16:20 | 16:20 | 16:20 |
| 16:25 | 16:25 | 16:25 | 16:25 | 16:25 | 16:25 |
| 16:30 | 16:30 | 16:30 | 16:30 | 16:30 | 16:30 |
| 16:35 | 16:35 | 16:35 | 16:35 **fin** | 16:35 | 16:35 |
| 16:40 | 16:40 | 16:40 | 16:40 | 16:40 | 16:40 |
| 16:45 | 16:45 | 16:45 | 16:45 **fin** | 16:45 | 16:45 |
| 16:50 | 16:50 | 16:50 | 16:50 | 16:50 | 16:50 |
| 16:55 | 16:55 | 16:55 | 16:55 **fin** | 16:55 | 16:55 |
| 17:00 **fin** | 17:00 **fin** | 17:00 **fin** | 17:00 | 17:00 **fin** | 17:00 **fin** |
| 17:05 | 17:05 | 17:05 | 17:05 **fin** | 17:05 | 17:05 |
| 17:10 **fin** | 17:10 **fin** | 17:10 **fin** | 17:10 **fin** | 17:10 **fin** | 17:10 **fin** |
| 17:15 | 17:15 | 17:15 | 17:15 **fin** | 17:15 | 17:15 |
| 17:20 | 17:20 | 17:20 **fin** | 17:20 | 17:20 | 17:20 |
| 17:25 | 17:25 | 17:25 | 17:25 | 17:25 | 17:25 |
| 17:30 **fin** | 17:30 **fin** | 17:30 **fin** | 17:30 | 17:30 **fin** | 17:30 **fin** |
| 17:35 **fin** | 17:35 **fin** | 17:35 **fin** | 17:35 | 17:35 **fin** | 17:35 **fin** |
| 17:40 | 17:40 | 17:40 **fin** | 17:40 | 17:40 | 17:40 |
| 17:45 | 17:45 | 17:45 | 17:45 | 17:45 | 17:45 |